

## ***School Health, Nutrition & Physical Activity-Making It Happen! Series I***



**Register Online:** [www.itv.scetv.org](http://www.itv.scetv.org)  
**Registration Deadline:** September 22  
**Cost:** \$50.00 per participant  
**Recertification:** 1 Hour or 20 Renewal Credits  
**Course Dates:** September 26 – November 23 (8weeks)

**Course begins Online September 26!**

***School Health, Nutrition & Physical Activity-Making It Happen! Series I*** is an SDE Professional Development course produced as a cooperative effort between the State Department of Education's Office of Healthy Schools, DHEC Region 3, ITV and ETV. The video lessons will be accessed online in *StreamlineSC*. Participants must view the programs that were produced in 2006-07 (Series I) and complete all assignments to receive credit.

**Content** - Each lesson will contain a "Nutrition 101" segment presented by Dr. Kellie O'Connell from USDA and information on curriculum and web resources. Discussion topics include physical activity, obesity, and nutrition guidelines. Also, successful programs being implemented in schools will be highlighted, providing information on ways schools can incorporate these programs into daily school activities. The lessons are hosted and coordinated by Susan Collier, MS RD, DHEC Chronic Disease Risk Reduction, in collaboration with Lynn Hammond, Director of SCDE's Healthy Schools. Dr. Christine Beyer, Health Education Consultant with SCDE is the instructor for the course.

All class meetings will take place through distance learning. The instructor and participants will communicate via Blackboard—the course platform on the Internet. The course manager will set up your account in Blackboard. You must have a valid e-mail address to enable us to set up your account. Assignments and discussion forums will be facilitated in Blackboard and participation will be monitored/evaluated.

### **Course Requirements**

Participants are required to:

1. Register online at [www.itv.scetv.org](http://www.itv.scetv.org). Print registration form and mail with check for \$50.00 **payable to SCDE** (SC Department of Education).

Mail printed registration form and check to:

Bonnie McMurray  
ETV/ITV  
P. O. Box 11000,  
Columbia, SC 29211

2. Complete the Blackboard online tutorial. Participants will view the Blackboard online tutorial in *StreamlineSC*. Click on *StreamlineSC* <http://www.scetv.org/education/streamlinesc/>. Log in using your school user ID and password. Once you have logged in, enter **Blackboard** in the “search” box. View the video ***Blackboard Online Tutorial***. Please contact your media specialist for your school’s *StreamlineSC* user ID and password. If you are not presently teaching in a school district, contact Bonnie McMurray at [mcmurray@scetv.org](mailto:mcmurray@scetv.org) for your password.
3. View the video lessons. The video lessons will be accessed online in *StreamlineSC*. <http://www.scetv.org/education/streamlinesc/>. Once you have logged in, enter **recertification** in the “search” box. View the seven lessons in ***School Health, Nutrition & Physical Activity, Series I***.
4. Share successes via Blackboard discussion group in terms of what has been implemented in your school and what you have learned in the lessons that could be applicable to your school setting. Complete discussion questions related to the video lessons via Blackboard
5. All assignments must be completed online by **November 23**.

Curriculum questions contact Christine Beyer at [cbeyer@ed.sc.gov](mailto:cbeyer@ed.sc.gov)  
Registration information contact Bonnie McMurray at [mcmurray@scetv.org](mailto:mcmurray@scetv.org)