

# SC 2

## South Carolina - Self Control

### A Bullying Prevention Model Provided by ITV

#### **FREE Professional Development Video-Based Series for SC Schools Designed for Elementary Teachers & Counselors, Adaptable for Middle School**

- Developed in collaboration with the State Department of Education's Guidance Services, this series of seven instructional television programs was produced by ITV and ETV to provide schools with an effective way to meet the requirements of the **Safe School Climate Act**.
- Dr. Sue Smith-Rex, educator and author, developed the content and serves as instructor for the bullying prevention model. The SC2 model was piloted at Geiger Elementary School in Fairfield County. Their participation was key to the production of the video series.

The SC2 model consists of three levels. These are outlined in the video lessons and online packet of information that guides educators on how to facilitate the model with their elementary students. The programs show Dr. Sue Smith-Rex teaching and working with students in all three levels while utilizing the key materials in the packet.

#### **Level 1 Empathy**

A group lesson for the entire class on kindness, empathy, self-control, and school behavior

#### **Level 2 Mediation**

Training for the student leaders using peer mediation

#### **Level 3 Self Monitoring - Self Control**

One-on-one self-control folders for students identified as needing more intensive feedback

#### **Access to SC2 Video Programs:**

This FREE video-based resource, consisting of seven lessons (@ 2hours 15 minutes total), can be accessed through ITV by broadcast and online in StreamlineSC. Ask your media specialist or local DELC about the broadcast schedule and/or how to access online under title.

#### **Access to SC2 Online Packet:**

The FREE online packet that is essential to participating in the model and utilizing it effectively can be accessed from the ITV Web site. Go to [www.itv.myetv.org/bullying](http://www.itv.myetv.org/bullying)

#### **ITV Recertification Credit (Optional):**

Educators can receive one-hour recertification (certificate renewal) credit for enrolling in/completing the ITV course **SC2 – Bullying Prevention Model**. Online enrollment, fee and completion of requirements. For information, go to [www.itv.myetv.org](http://www.itv.myetv.org) for ITV Recertification Courses or call Bonnie McMurray (803) 737-3350 or 1-877-885-5272. (**NOTE:** All SC educators may use series FREE - only register & pay \$50 fee if credit wanted.)

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